



BACHELOR OF SCIENCE IN HEALTH EDUCATION

LINKING THEORY WITH PRACTICE

Program Roadmap

Mission Statement

The Department of Health Education at San Francisco State University promotes health and health equity at the individual, community, and structural levels through transformative education, research, scholarship and service, all of which value diversity, engage communities and are grounded in cultural humility

Curriculum

Our curriculum is designed in four semester tiers, where the content, knowledge, and skills required for our students are scaffolded both within the courses offered in that semester and in sequential semesters.

BS HED Advising

Students that are Pre-Health Education/ Minors in H ED & Women's Health/H ED Majors can contact our Undergraduate Program Coordinator &/or student assistant advisor by the following:

Email: hedadv@sfsu.edu or

Appointment :

<https://hedadvising.as.me/>

<http://healthed.sfsu.edu>

FOUNDATION COURSES * taken prior or concurrently with major courses

BIO 100/101	HUMAN BIOLOGY + LAB	4
BIO 210/211	MICROBIOLOGY + LAB	4

PREREQUISITE COURSES ** taken prior to major

Must have completed 60 or more semester college units to be considered upper-division students for the major

AREA A	ENGL LANGUAGE COMM/CRITICAL THINKING	9
AREA E	LIFELONG LEARNING & SELF-DEVELOPMENT	3
MATH 124/ ISED 160/ AU117 (AREA B4)	QUANTITATIVE REASONING	3

UNDECLARED ELECTIVES *** optional for a jumpstart prior to entering the major

Choose one (1) of the following:

H ED 210	PERSONAL & SOCIAL DETERMINANTS OF HLTH	3
H ED 290	PROMOTING POSITIVE HEALTH	3

SEMESTER ONE: AS A DECLARED HEALTH EDUCATION MAJOR

H ED 400 GVAR [♥]	COMM ASSESSMENT IN PUBLIC HLTH	3
H ED 405	INTRO TO COMMUNITY/PUBLIC HEALTH	3
H ED 425 [♥]	INTRO TO RESEARCH & STATS IN HEALTH	3
H ED 655	ENVIRONMENTAL HEALTH	3
Choose one of the following***: H ED 210 OR H ED 290		3
Note: 400, 405, & 425 must be taken concurrently together		12- 15 UNITS

SEMESTER TWO

H ED 430 [♥]	COMM HEALTH EDUCATION THEORY	3
H ED 450	POLICY ISSUES IN HEALTH EDUCATION	3
H ED 420	EPIDEMIOLOGY	3
H ED 455	COMM ORG & COMM BUILDING FOR HLTH	3
		12 UNITS

SEMESTER THREE

H ED 431 [♥]	PROGRAM PLAN, IMPLMENTATION & EVAL	3
H ED 520	STRUC OPPRESSION & SOC FOUNDATION	3
H ED/ HH ELECTIVE 1	(titles vary; see reverse for options)	3
H ED/HH ELECTIVE 2	(titles vary; see reverse for options)	3
		12 UNITS

SEMESTER FOUR

H ED 480 [♥]		
H ED/HH ELECTIVE 3	(titles vary; see reverse for options)	3
HH ELECTIVE 4	(titles vary; see reverse for options)	3
		12-15 UNITS

[♥] Courses must be taken in sequential order with a "C" grade or better. Cannot take concurrently.

TOTAL UNITS REQUIRED FOR THE MAJOR (REQ + EMPHASIS) 51-54 UNITS

TOTAL UNITS TO GRADUATE (48 GE UNITS, MAJOR, & EITHER ELECTIVES OR MINOR) 120 UNITS

Emphases

In addition to the major course requirements, students must complete an emphasis (achieved via the course electives- choose one).

Community Based Public Health

3 courses/9 units

See list of electives on the right for course choice options (from Health Education Electives & Electives from other Departments).

Holistic Health (HH)

4 courses/12 units

See list of electives on the right for course choice options (Holistic Health Electives).

Students who choose HH emphasis may want to declare a minor or pursue a certificate in Holistic Health. Please see our website for further information.

Minors

To compliment an undergraduate degree, students have the option to add a minor to their course of studies. Within the department of Health Education, we have three minors available:

Minor in Health Education*

Minor in Women's Health

*Please note: *If you are a declared Health Education major you cannot minor in Health Education.*

One of the advantages of pursuing a minor is that there is no limit to the courses you can double count between a major and a minor. For more information, please set an online appointment with an advisor.

<http://healthed.sfsu.edu>

Electives for Emphases

Please note: *courses taken for core requirements cannot double count as electives*

HEALTH EDUCATION - 1-3 ELECTIVES					
H ED 120*	Educational Justice, Health Equity & Academic Success	H ED 414	Women's Health Problems & Issues		
H ED 200	Global Health	H ED 434	Geographies of Health & Health Care		
H ED 210	Personal & Social	H ED 450	Policy Issues in Health Education		
H ED 221	Determinants of Health Health & Social Justice	H ED 640	Structural Inequalities & Public Health		
H ED 241	Health & Social Movements in the US 20th CE	H ED 670	Principles of Peer Health Education		
H ED 290	Promoting Positive Health	H ED 671	Practice of Peer Health Education		
H ED 305**	Critical History in Public Health in the US	H ED 685	Projects in the Teaching of Health Education		
H ED 315**	Drugs & Society	H ED 688	Neoliberalism & Public Health Education		
H ED 320	Contemporary Sexuality	H ED 699	Independent Studies		
1-2 ELECTIVES FROM OTHER DEPARTMENTS					
AA S 591	BIOL 326	FCS 355	NUTR 253	PSY 442	RRS 303
AFRS 370	BIOL 327	LTNS 210	PHIL 383	PSY 465	WGS 593
ANTH 631	COM 527	LTNS 500			
NOTE: And other courses upon Advisor Approval via Substitution Form					
HOLISTIC HEALTH - 4 ELECTIVES					
HH 200	HH 380	HH 382	HH 420	HH 450	HH 540
HH 690	HH 699				
HH 205	HH 381	HH 383	HH 430	HH 530	HH 545

Empower Yourself to Succeed - Student Resource Center

OPEN TO ALL MAJORS IN THE COLLEGE OF HEALTH & SOCIAL SCIENCES
HSS 254 / srcenter@sfsu.edu / 415-405-3740

- Academic Planning (GE/DPR)
- Transition Support for First Time Freshman & Transfers
- Academic Probation Advising
- General Life/Support Counseling
- Career Prep & Planning
- Graduation Check (GE & Graduation Requirements)

What can I do with my Health Education degree?

Below is a sampling of positions our alumni currently hold in the field of public health. Please note, some of these positions require additional education or further certification. Visit the Career Services & Leadership Development website for more details. <https://careerservices.sfsu.edu/>

Family Life Educator * Grant Writer * Head Start Health Specialist * Health Educator * Health Information Specialist * Media Specialist * Nutrition/Dietetics Counselor * Patient Educator * Program Evaluator * Public Information Specialist * Public Health Inspector * Recruitment & Training Director * Social Services Coordinator * Teen Parent Educator * Tobacco Educator * Wellness Consultant * Women's Health Director