



BACHELOR OF SCIENCE IN HEALTH EDUCATION

LINKING THEORY WITH PRACTICE

Mission Statement

We prepare students to work as public health professionals at individual, community and structural levels for health equity and social justice. Our programs provide a participatory learning environment that integrates theory, research and practice, honors diversity through a cultural humility lens and fosters collaboration, critical thinking and communication skills.

Curriculum

Our curriculum is designed in four semester tiers, where the content, knowledge and skills required for our students are scaffolded both within the courses offered in that semester and in sequential semesters.

Advising

Students can contact our staff advisors by emailing hedadv@sfsu.edu or by stopping by HSS 320.

Program Roadmap

FOUNDATION COURSES *taken prior or concurrently with major courses		
BIOL 100/101	HUMAN BIOLOGY + LAB	4
BIOL 210/211	MICROBIOLOGY + LAB	4
MATH 124 or ISED 160	QUANTITATIVE REASONING	3 11 UNITS
SEMESTER ONE		
H ED 400 GVAR	THE HEALTH EDUCATION PROFESSION	3
H ED 405	INTRO TO COMMUNITY PUBLIC HEALTH	3
H ED 425	INTRO TO RESEARCH & STATS IN PUBLIC HLTH	3
H ED 655	ENVIRONMENTAL HEALTH	3
HH 205 or H ED 210 or H ED/HH 290 or HH 380		3 15 UNITS
SEMESTER TWO		
H ED 430	COMMUNITY HEALTH EDUCATION	3
H ED 410 or H ED 450		3
H ED 420	EPIDEMIOLOGY	3
H ED 455	COMM ORG & COMM BUILDING FOR HEALTH	3 12 UNITS
SEMESTER THREE		
H ED 431	PROGRAM PLAN, IMPLEMENTATION & EVAL	3
H ED 520	STRUCTURAL OPPRESSION & SOC FOUNDATIONS	3
H ED/HH ELECTIVE	(titles vary; see reverse for options)	3
H ED/HH ELECTIVE	(titles vary; see reverse for options)	3 12 UNITS
SEMESTER FOUR		
H ED 480	FIELDWORK & REFLECTIVE SEMINAR	9
H ED/HH ELECTIVE	(titles vary; see reverse for options)	3
H ED/HH ELECTIVE		3 12-15 UNITS

TOTAL UNITS REQUIRED FOR THE MAJOR: 51-54 UNITS

TOTAL UNITS MAJOR + FOUNDATION 62-65 UNITS

Emphases

In addition to the major course requirements, students must complete an emphasis (achieved via the course electives).

Community Based Public Health

3 courses/9 units

See list of electives for course choice options.

Holistic Health

4 courses/12 units

See list of electives for course choice options. Students who choose HH emphasis may want to declare a minor or pursue a certificate in Holistic Health. Please see our website for information.

School Health

4 courses/12 units

H ED 210, 315, 320, 660 and CFS 355.

Minors

To compliment an undergraduate degree, students have the option to add a minor to their course of studies. Within the department of Health Education, we have three minors available:

Minor in Health Education*

Minor in Holistic Health

Minor in Women's Health

*Please note: *If you are a declared Health Education major you cannot minor in Health Education.*

One of the advantages of pursuing a minor is that there is no limit to the courses you can double count between a major and a minor. For more information, please talk to an advisor.

Electives for Emphases

Please note: *courses taken for core requirements cannot double count as electives*

HEALTH EDUCATION - ELECTIVES			
H ED 100	H ED 280	H ED 414	H ED 635
H ED 120	H ED 290	H ED 415	H ED 640
H ED 200	H ED 303	H ED 417	H ED 650
H ED 204	H ED 305	H ED 434	H ED 670
H ED 210	H ED 310	H ED 450	H ED 671
H ED 221	H ED 315	H ED 527	H ED 677
H ED 231	H ED 320	H ED 528	H ED 685
H ED 241	H ED 410	H ED 630	H ED 699
HOLISTIC HEALTH - ELECTIVES			
HH 200	HH 383	HH 540	HH 690
HH 205	HH 420	HH 545	HH 699
HH 210	HH 430	HH 560	
HH 290	HH 433	HH 650	
HH 380	HH 450	HH 660	
HH 381	HH 530	HH 670	
HH 382	HH 535	HH 680	
ELECTIVES FROM OTHER DEPARTMENTS			
AA S 575	BIOL 327	LTNS 210	<i>and other</i>
AA S 591	BIOL 332	PHIL 383	<i>courses</i>
AFRS 370	CFS 355	PSY 442	<i>upon advisor</i>
ANTH 631	CFS 453	PSY 465	<i>approval</i>
BIOL 326	DFM 253	WGS 593	

What can I do with my Health Education degree?

Below is a sampling of positions our alumni currently hold in the field of public health. please note, some of these positions require additional education or further certification. Visit the Career Center for more details.

Family Life Educator * Grant Writer * Head Start Health Specialist * Health Educator * Health Information Specialist * Media Specialist * Nutrition/Dietetics Counselor * Patient Educator * Program Evaluator * Public Information Specialist * Public Health Inspector * Recruitment & Training Director * Social Services Coordinator * Teen Parent Educator * Tobacco Educator * Wellness Consultant * Women's Health Director