



BACHELOR OF SCIENCE IN HEALTH EDUCATION

LINKING THEORY WITH PRACTICE

Mission Statement

The Department of Health Education at San Francisco State University promotes health and health equity at the individual, community, and structural levels through transformative education, research, scholarship and service, all of which value diversity, engage communities and are grounded in cultural humility.

Curriculum

Our curriculum is designed in four semester tiers, where the content, knowledge, and skills required for our students are scaffolded both within the courses offered in that semester and in sequential semesters.

Advising

Students can contact our staff advisors by emailing hedadv@sfsu.edu or by making an appointment: <https://hedadvising.as.me/>

Program Roadmap

FOUNDATION COURSES * taken prior or concurrently with major courses		
BIO 100/101	HUMAN BIOLOGY + LAB	4
BIOL 210/211	MICROBIOLOGY + LAB	4
MATH 124 or ISED 160	QUANTITATIVE REASONING	3
		11 UNITS
SEMESTER ONE		
H ED 400 GWAR* ¹	COMM ASSESSMENT IN PUBLIC HLTH	3
H ED 405	INTRO TO COMMUNITY PUBLIC HEALTH	3
H ED 425*	INTRO TO RESEARCH & STATS IN PUBLIC HLTH	3
H ED 655	ENVIRONMENTAL HEALTH	3
<i>Choose one the following: H ED 210; HH 205; HH 380; H ED/HH 290</i>		3
<i>NOTE: 400, 405, & 425 must be taken concurrently together</i>		15 UNITS
SEMESTER TWO		
H ED 430*	COMM HEALTH EDUCATION THEORY	3
H ED 410 or 450	ORG & FUNCTION OF HLTH SERVICES or POLICY ISSUES IN HLTH EDUCATION	3
H ED 420	EPIDEMIOLOGY	3
H ED 455	COMM ORG & COMM BUILDING FOR HLTH	3
		12 UNITS
SEMESTER THREE		
H ED 431*	PROGRAM PLAN, IMPLEMENTATION & EVAL	3
H ED 520	STRUCTURAL OPPRESSION & SOC FOUNDATIONS	3
H ED/HH ELECTIVE 1	(titles vary; see reverse for options)	3
H ED/HH ELECTIVE 2	(titles vary; see reverse for options)	3
		12 UNITS
SEMESTER FOUR		
H ED 480*	FIELDWORK & REFLECTIVE SEMINAR	9
H ED/HH ELECTIVE 3	(titles vary; see reverse for options)	3
HH ELECTIVE 4	(titles vary; see reverse for options)	3
		12-15 UNITS

* Courses must be taken in sequential order with a "C" grade or better.

¹ Eng 214 or equivalent (with grade of C or better) a prerequisite for HED 400 GWAR

TOTAL UNITS REQUIRED FOR THE MAJOR: 51-54 UNITS
(REQ+ EMPHASIS)

TOTAL UNITS MAJOR + FOUNDATION: 62-65 UNITS

TOTAL UNITS TO GRADUATE: 120 UNITS
(48 UNITS GE, MAJOR, & EITHER ELECTIVES OR MINOR)

Emphases

In addition to the major course requirements, students must complete an emphasis (achieved via the course electives).

Community Based Public Health

3 courses/9 units

See list of electives on the right for course choice options (from Health Education Electives & Electives from other Departments).

Holistic Health (HH)

4 courses/12 units

See list of electives on the right for course choice options (Holistic Health Electives).

Students who choose HH emphasis may want to declare a minor or pursue a certificate in Holistic Health. Please see our website for further information.

Minors

To compliment an undergraduate degree, students have the option to add a minor to their course of studies. Within the department of Health Education, we have three minors available:

Minor in Health Education*

Minor in Holistic Health

Minor in Women's Health

*Please note: *If you are a declared Health Education major you cannot minor in Health Education.*

One of the advantages of pursuing a minor is that there is no limit to the courses you can double count between a major and a minor. For more information, please set an online appointment with an advisor.

Electives for Emphases

Please note: *courses taken for core requirements cannot double count as electives*

HEALTH EDUCATION - 1-3 ELECTIVES			
H ED 100	H ED 280	H ED 414	H ED 635
H ED 120	H ED 290	H ED 415	H ED 640
H ED 200	H ED 303	H ED 417	H ED 650
H ED 204	H ED 305	H ED 434	H ED 670
H ED 210	H ED 310	H ED 450	H ED 671
H ED 221	H ED 315	H ED 527	H ED 677
H ED 231	H ED 320	H ED 528	H ED 685
H ED 241	H ED 410	H ED 630	H ED 699
HOLISTIC HEALTH - 4 ELECTIVES			
HH 200	HH 383	HH 540	HH 690
HH 205	HH 420	HH 545	HH 699
HH 210	HH 430	HH 560	
HH 290	HH 433	HH 650	
HH 380	HH 450	HH 660	
HH 381	HH 530	HH 670	
HH 382	HH 535	HH 680	
1-2 ELECTIVES FROM OTHER DEPARTMENTS			
AA S 575	BIOL 327	LTNS 210	SOC 272
AA S 591	BIOL 332	PHIL 383	WGS 593
AFRS 370	CFS 355	PSY442	<i>and other courses upon Advisor approval</i>
ANTH 631	CFS453	PSY 465	
BIOL 326	DFM 253	RRS 303	

What can I do with my Health Education degree?

Below is a sampling of positions our alumni currently hold in the field of public health. Please note, some of these positions require additional education or further certification. Visit the Career Services & Leadership Development website for more details .

<https://careerservices.sfsu.edu/>

Family Life Educator * Grant Writer * Head Start Health Specialist * Health Educator * Health Information Specialist * Media Specialist * Nutrition/Dietetics Counselor * Patient Educator * Program Evaluator * Public Information Specialist * Public Health Inspector * Recruitment & Training Director * Social Services Coordinator * Teen Parent Educator * Tobacco Educator * Wellness Consultant * Women's Health Director