HEALTH AND WELL-BEING OF YOUTH AGE 12-24 LIVING IN HOPE SF COMMUNITIES

July 31st 2014
To explore the barriers and opportunities to support the health and well-being of youth aged 12-24 living in HOPE SF communities

- Community Based Participatory Assessment
- Youth-adult collaboration
- Community-Academic partnership
AGENDA

- Introduction
- Poetry by Briana “Public Homes”
- ‘Step Up Step Down’ Documentary
- Assessment Methods
- “This is Home” Youth Leadership Video
- Findings
- Recommendations
- Discussion
BACKGROUND
1st large-scale public housing revitalization project to invest in quality, sustainable housing and community development *without* displacing current residents

- **Alice Griffith**
  - Huntersview
  - Potrero Terrace & Annex
  - Sunnydale

- Led by San Francisco Mayor’s Office

- Public and private sector partners and support from the SF Foundation & Enterprise Community Partners
San Francisco State and HOPE SF Collaboration began in Nov 2011; 3rd Assessment done together
- Peer Leadership
- Mental Health
- Youth Health & Well-Being

Example of successful partnership

Funding support
- DCYF, DPH & HOPE SF
- San Francisco Foundation
- S.H. Cowell Foundation
- Annie E. Casey Foundation
PUBLIC HOMES

A poem by Briana Guerrero
STEP UP STEP DOWN

A Documentary
by SFSU Students
METHODS
PROJECT STRUCTURE

- SFSU & MPH Students
- YLI & Youth Assessment Leaders
- Site Leaders
- Advisors
<table>
<thead>
<tr>
<th>Name</th>
<th>Organization</th>
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<tbody>
<tr>
<td><strong>Kathy Perry</strong></td>
<td>Program Manager, YMCA SF Bayview Hunters Point</td>
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<td><strong>Karina Hall</strong></td>
<td>Peer Leadership Program Coordinator, YMCA SF Bayview Hunters Point</td>
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<td><strong>Isaac Dozier</strong></td>
<td>Senior Project Manager, Urban Strategies, Alice Griffith</td>
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<td>Workforce Outreach Coordinator, Urban Strategies, Alice Griffith</td>
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<td><strong>Jennifer Dhillon</strong></td>
<td>Project Director, Healthy Generations, Rebuild Potrero</td>
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<td><strong>Uzuri Pease-Greene</strong></td>
<td>Community Builder, Rebuild Potrero, Bridge Housing</td>
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<td><strong>David Fernandez</strong></td>
<td>Sunnydale Transformation Project Director, Mercy Housing</td>
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<td><strong>Larry Jones</strong></td>
<td>Community Liaison, Mercy Housing</td>
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<tr>
<td><strong>Emily Claassen</strong></td>
<td>Peer Leadership Program Coordinator, Mercy Housing</td>
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## ADVISORS

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Ken Epstein</td>
<td>CBHS Children, Youth &amp; Families Systems of Care, SFDPH</td>
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<td>Anne Griffith</td>
<td>Enterprise Community Partners, Inc.</td>
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<td>Helen Hale</td>
<td>Mayors Office of Housing</td>
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<td>Maria X. Martinez</td>
<td>Office of the Director, SFDPH</td>
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<td>Tomiquia Moss</td>
<td>HOPE SF, Mayors Office</td>
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<td>Laura Moye</td>
<td>Department of Children Youth &amp; Their Families</td>
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<td>Prishni Murillo</td>
<td>Department of Children Youth &amp; Their Families</td>
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<tr>
<td>Ellie Rossiter</td>
<td>San Francisco Foundation</td>
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<tr>
<td>Bryant Tan</td>
<td>Department of Children Youth &amp; Their Families</td>
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KEY ASSESSMENT ACTIVITIES

- Assessment Planning (Nov 2013 – Jan 2014)
- Literature Review (Feb – April 2014)
- Youth Leader Program (March – present)
- Data Collection (April – June 2014)
- Data Analysis (July 2014)
- Presentation of Findings & Recommendations (July 2014)
DATA COLLECTION

Program Staff Team
8 students

Key Informant Team
6 students

Resident Team
6 students
9 youth leaders

We talked to 180 people
20 Interviews with Program Staff
22 Interviews with Key Informants

- Identified by Advisory Group and snowball sampling

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<thead>
<tr>
<th>City Agencies</th>
<th>Community Organizations</th>
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<tr>
<td>Dept. of Public Health</td>
<td>Community Youth Center (CYC)</td>
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<td>Dept. of Public Works</td>
<td>Edgewood Center</td>
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<tr>
<td>SF Unified School District</td>
<td>Potrero Hill Neighborhood House</td>
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<tr>
<td>Dept. of Children, Youth &amp; Families</td>
<td>TURF</td>
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<td>Police Department</td>
<td>Third Street Youth Center &amp; Clinic</td>
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<td>Housing Authority</td>
<td>Hunters Point Family</td>
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<tr>
<td>Office of Economic &amp; Workforce Dev.</td>
<td>Chinese Youth Center</td>
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<td>Tenants Associations</td>
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6 Focus Groups with 21 Adult Residents

- 4 Focus groups with peer leaders from HOPE SF sites
- 2 Focus groups with Spanish-speaking Adults from Potrero Terrace and Annex

<table>
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<tr>
<th>Sites</th>
<th>Ethnicity</th>
<th>Gender</th>
<th>Age</th>
<th>Average years at HOPE SF site</th>
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<tbody>
<tr>
<td>Alice Griffith 2, Huntersview 4, Potrero 11, Sunnydale 4</td>
<td>38% African American, 24% Latino, 5% Samoan, 5% Chinese</td>
<td>3 Male, 18 Female</td>
<td>24-63</td>
<td>17 yrs</td>
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**RESIDENT VOICES: YOUTH**

**109 Interviews with Youth Residents**

- Conducted by Youth Assessment Leaders
- Street, event & community programs outreach

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<tr>
<th>Site</th>
<th># of youth</th>
<th>Average Age</th>
<th>Average yrs lived at HOPE SF site</th>
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<tbody>
<tr>
<td>Alice Griffith</td>
<td>30</td>
<td>16.5</td>
<td>10 years</td>
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<tr>
<td>Huntersview</td>
<td>18</td>
<td>20.4</td>
<td>16 years</td>
</tr>
<tr>
<td>Potrero</td>
<td>30</td>
<td>14.8</td>
<td>11 years</td>
</tr>
<tr>
<td>Sunnydale</td>
<td>31</td>
<td>14.5</td>
<td>9 years</td>
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RESIDENT VOICES: YOUTH

Gender:
- Female: 48%
- Male: 43%
- N/A: 9%

Race/Ethnicity:
- African American/Black: 53
- Latino: 6
- Samoan: 25
- White: 4
- Mixed/Bi-racial: 10
- Filipino: 1
- Did not state: 10
- N/A: 9

Number of youth: 60
FINDINGS
Finding: Strained relationship between youth and police. Youth distrust police and perceive harassment. Some residents want a greater police presence.

Finding: Youth violence is perpetuated by lack of positive activities and jobs, availability of guns, social norms and conflicts between neighborhoods.
Findings:

Violence results in trauma and isolation for youth. To cope, youth may use substances which are widely available.

A negative public perception of youth from HOPE SF sites is destructive to their health and well-being.

Strong desire for mental services for youth but significant stigma.
Finding: Youth in HOPE SF sites exposed to a run-down environment that undermines their health. Youth have limited access to healthy food and places to be physically active.
**Finding:** Youth need information and support for healthy relationships and sexual decision. Young parents need support programs to promote positive parenting.

**Finding:** Youth often turn to their peers for emotional and practical support and a sense of safety in the absence of consistent adult engagement.
Finding: Youth want more job training programs and employment assistance at or near HOPE SF sites.

Finding: Many youth are not engaged in school and trauma is a significant challenge to their educational success.
Finding: There is lack of stable programs for youth and a significant gap for youth age 16-24. Lack of safety and transportation are significant access barriers.

Finding: Youth driven activities and staff who build trust are key to program success. Due to exposure to violence and trauma staff need support to ensure their wellbeing and effectiveness.
Finding: Social and criminal justice policies are the root of some issues that compromise the well-being of youth living in HOPE SF communities. A lack of awareness and competing priorities prevent engagement in policy change efforts.
Recommendation:

HOPE SF community transformation efforts should prioritize preventing violence and improving relationships between the police and youth. Key strategies that should be implemented include:

- Community Safety Ambassadors
- Restorative Justice
- Collaborations among Police, CBO & Community
- Visual Media Campaign
Recommendation:

On-site job opportunities that allow for youth to earn income, contribute to community change and develop professional and personal skills should be supported.
Recommendation:

Each HOPE SF site should have an on-site youth center for older youth.

- Safe space
- Youth development
- Physical and mental health services and resources
- Parenting support and childcare
- Youth & adult friendly, but youth led
- Relevant staff
Recommendation:

HOPE SF sites should expand engaging youth activities for young people of all ages and young people often overlooked by programs.

- Sports
- Mentorship
- Volunteer Opportunities
- Cooking & Gardening
Recommendation:

The city should provide funding for year-round field trips for youth ages 12-24 living in HOPE SF neighborhoods to expose youth to opportunities outside of the community and offer cultural and educational experiences.
YOUTH LEADERSHIP & STAFF SUPPORT

Recommendation:

Youth leadership in HOPE SF should be supported.

- Opportunities for youth to connect with peers
- Elevate youth voices
- Participate in strategy development & implementation

Recommendation:

Youth service providers, school faculty and staff should have training and support to maintain their own well-being and be most effective.
Recommendation:

A HOPE SF youth policy agenda should be developed and pushed forward. This includes identifying key policy issues that affect youth living in HOPE SF communities and harm their health and well-being.

Recommendation:

Agencies serving HOPE SF communities need more funding that is both flexible and long-term.
WE WOULD LIKE TO THANK

- Youth & Adult Residents, Program Staff and Key Informants
- Assessment Advisory Group
- Hope SF Site Leadership
- Mayor’s Office
- SF Department of Public Health
- Department of Children Youth and Their Families
- San Francisco Foundation and SH Cowell Foundations
- Department of Health Education, SF State
- Health Equity Institute, SF State
- Youth Leadership Institute